

## **RECRUIT TRAINING COMMAND - WHAT TO BRING**

### **OK TO BRING:**

1. Wrist watch, wedding ring
2. Religious medallion (No larger than approximately 2"x1")
3. Writing material (NO bottled ink)
4. Pocket dictionary
5. Pocket-sized religious text
6. Small address book
7. Hairbrush and comb
8. Pre-paid phone cards
9. One pair of prescription glasses or reading glasses
10. A small amount of cash (i.e. less than \$10)

### **Female recruits may retain the following personal items:**

1. Feminine sanitary items
2. Conservative cosmetics. Female/one of each: face powder, blush, lipstick, eye shadow and mascara (non-aerosol or glass). Make-up will be authorized for division photos and graduation weekend only.
3. Barrettes (Female/must match hair color)
4. Birth control medications

**Note: Female recruits are not authorized to bring a swimsuit, underwear or bras - All will be issued upon arrival.**