

# RECRUIT TRAINING COMMAND - WHAT NOT TO BRING

## ITEMS THAT WILL BE SENT HOME OR DISCARDED (AS APPLICABLE):

1. Large cans of shaving cream. (12oz. or larger)
2. All aerosol containers
3. After-shave/cologne
4. Lighter fluid
5. Disposable Lighters (the fluid cartridge of a "Zippo" lighter will be confiscated).
6. Magazines, books (non-Navy)
7. Playing cards, dice, gambling paraphernalia
8. Large bulky stationery
9. Large hair combs/afro pics, rakes or anything made of metal
10. Anything in glass containers including mirrors
11. Double-edge razors, blades
12. Cigarettes, cigars, pipes, vapes, tobacco, chewing tobacco
13. Large deodorants (larger than 4oz)
14. Alcohol-based health & comfort items
15. Portable electronics (Cell phones, pagers, PDAs, CD/cassette players, radios, MP3 players, hand held video games)
16. Civilian clothing
17. Cameras
18. Electric razors
19. Hair dryers
20. Curling irons
21. Other electrical items deemed unnecessary by the staff of RTC
22. Food items (gums, candy, chips, etc.)
23. All non-prescription drugs and medications that include, but are not limited to:
  - a. Phisoderm, PhisoHex, etc.
  - b. Foot powders
  - c. Rubbing alcohol
  - d. Motion sickness medication
  - e. Commercial sleeping aids
  - f. Decongestants
  - g. Acne medications
  - h. Antihistamines
  - i. Analgesics
  - j. Eye wash/saline solution
  - k. Contraceptives (diaphragms, condoms, etc.)
  - l. Vitamins
24. Firearms
25. Ammunition/fireworks
26. Clubs, batons, etc.
27. Brass knuckles
28. All straight razors, knives, ice picks, scissors
29. Narcotics/illegal drugs or any paraphernalia